

A SECOND-DEGREE THERMAL BURN IN A BURMESE PYTHON (*PYTHON BIVITTATUS*) – CASE REPORT

Seven Mustafa¹, Iliana Ruzhanova-Gospodinova², Silvi Vladova³, Yoana Kirilova³

Faculty of Veterinary Medicine, University of Forestry, 1797, Sofia, Bulgaria

¹*Department of Surgery, Radiology, Obstetrics, and Gynecology*

²*Department of Anatomy, Physiology, and Animal Science*

³*Student of Veterinary Medicine*

E-mail: s.mustafa@ltu.bg, iliiana_ruzhanova@ltu.bg

ORCID: 0000-0002-5895-5796 S.M.; 0000-0002-5855-9996 I.R.-G.

(Submitted: 13 December 2024; Accepted: 25 February 2025; Published: 27 November 2025)

ABSTRACT

Thermal burns are common in reptiles kept as pets. This report describes a clinical case of thermal burn in a pet snake. The patient is a 3-year-old female amelanistic Burmese python (*Python bivittatus*) with a second-degree thermal burn due to a malfunction of the heating mat. Erythematous and necrotic areas were inspected on the ventral scales. The treatment included iodine baths, burn dressing, application of topical ointments, and systemic antibiotics, as well as physiotherapeutic procedures. Thermal burns in snakes should be treated with a multisystemic approach.

Key words: thermal burn, python, multisystemic treatment, physiotherapy.

Introduction

Thermal burns constitute a prevalent pathological condition in captive reptiles, frequently attributed to improperly designed or malfunctioning artificial heating systems. As poikilotherms, reptiles rely on exogenous heat sources (heating rocks, mats, or lamps) to maintain optimal physiological function (Ewart, 2020), predisposing them to thermal injuries.

The integumental reaction to injury in reptiles is similar to the mammalian, consisting of vascular and inflammatory responses, followed by dermal and epidermal restoration. Studies show that the inflammatory response is greater in snakes, compared to lizards (Mitchell and Diaz-Figueroa, 2004), and that Boas and Pythons are more predisposed to dermatological lesions than other snakes (White *et al.*, 2011).

The incorrect captive conditions or a malfunction of the heating source may result in thermal burns, classified as first-, second-, and third-degree (Mitchell and Diaz-Figueroa, 2004; Martinez-Jimenez and Hernandez-Divers, 2007), overviewed in Table 1. Fourth-degree burns are third-degree burns referred to as full-thickness burns and affect muscles and bones as well – these alterations typically result in nerve-ending destruction and are often less painful (Music and Strunk, 2016).

Although thermal burns in reptiles have been documented in veterinary literature, current treatment protocols are predominantly extrapolated from mammalian models. Suboptimal management of these burns can result in significant morbidity, including the proliferation of opportunistic pathogens, progressive tissue necrosis, and systemic inflammatory responses that may compromise overall health.

Table 1: Overview of thermal injuries classification and standard treatment.

| Burn Degree | Tissues involved | Clinical presentation | Choice of treatment |
|--------------------|--|--|---|
| <i>I</i> | Epidermis (superficial) | Erythematous, moist dermatitis | Cool compresses |
| <i>II</i> | Epidermis and middermis (deeper partial thickness) | Blister formation and necrosis of the skin | Antiseptic creams, analgesics, antibiotics, |
| <i>III</i> | All skin structures and fat (full-thickness) | Necrosis of the integument and muscles | Additional resection, skin grafts |
| <i>IV</i> | Underlying tissues and bones | Charred tissues with eschar | Excision (grave prognosis) |

The presented case report aims to highlight the challenges and considerations in the clinical management of second-degree burns in a python, emphasizing the necessity of a multisystemic, evidence-based therapeutic strategy. The inclusion of physiotherapeutic procedures such as UV irradiation therapy, alongside antiseptic wound management, systemic antimicrobial administration, and targeted fluid resuscitation, provides critical insights into optimizing burn treatment in snakes. As reptiles become more popular the authors consider that a publication about one of the most common skin conditions related to poor husbandry would be of great use to practicing veterinarians, zoologists, and reptile owners.

Case presentation

The patient was a 3-year-old female amelanistic Burmese python (*Python bivittatus*, Kuhl 1820), weighing 5 kg. The snake was kept in a glass enclosure with cold and warm zones provided by a heating mat. Based on the anamnesis the burning event occurred due to a malfunction of the mat shortly after the ecdysis. The animal was presented to the *University Clinic for Small Animals* at the Faculty of Veterinary Medicine (University of Forestry, Sofia) two weeks after the event. During the physical examination damaged skin on the ventral surface of the caudal third of the body was observed. The burned area had brown scales peeled in some regions, indicating the underlying dermis (Fig. 1A-B).

**Figure 1: Second-degree burn in Burmese python.**

Debridement of the damaged tissue was done, and the affected zones were cleaned with a 0,05% *chlorhexidine solution* (Dermanios Scrub, Anios®) (Fig. 2A). The more severe areas were dressed using gauze and skin-stay stitches (Fig. 2B-D). Pama Veyxal ointment (Veyx-Pharma®)

was applied under the dressing for the first seven days, and after that Dermazin 1% cream (Sandoz, Salutas®) without dressing. Before placing the topical products, the snake was soaked in a warm bath for 20 minutes – 5 L of water with 10 mL *povidone-iodine* (Iodaseptone 10%, Chemax Pharma®). During the first week, the body's ventral side was irradiated with ultraviolet rays 160–400 nm for 30 seconds with a quartz lamp (Helios Quartz 125W, Philips®) from a 1 m distance.

Systemic therapy included *enrofloxacin* (Baytril 5%, Bayer®) for 10 days in a dose of 10 mg/kg i.m. q 24 h, *ascorbic acid* (Vitamin C inj. sol., Bioveta®) for 7 days in a dose of 20 mg/kg i.m. q 24 h, and *meloxicam* (Meloxidolor 0,5%, Le Vet Beheer B.V.®) for 5 days in a dose of 0,2 mg/kg q 24 h. Fluid therapy was administered for 10 days with *sodium chloride* (NaCl 0,9%, B. Braun®) in an amount of 10 mL/kg s.c. every day. All the used dosages of the administered drugs in the presented clinical case report were according to Carpenter *et al.* (2019).

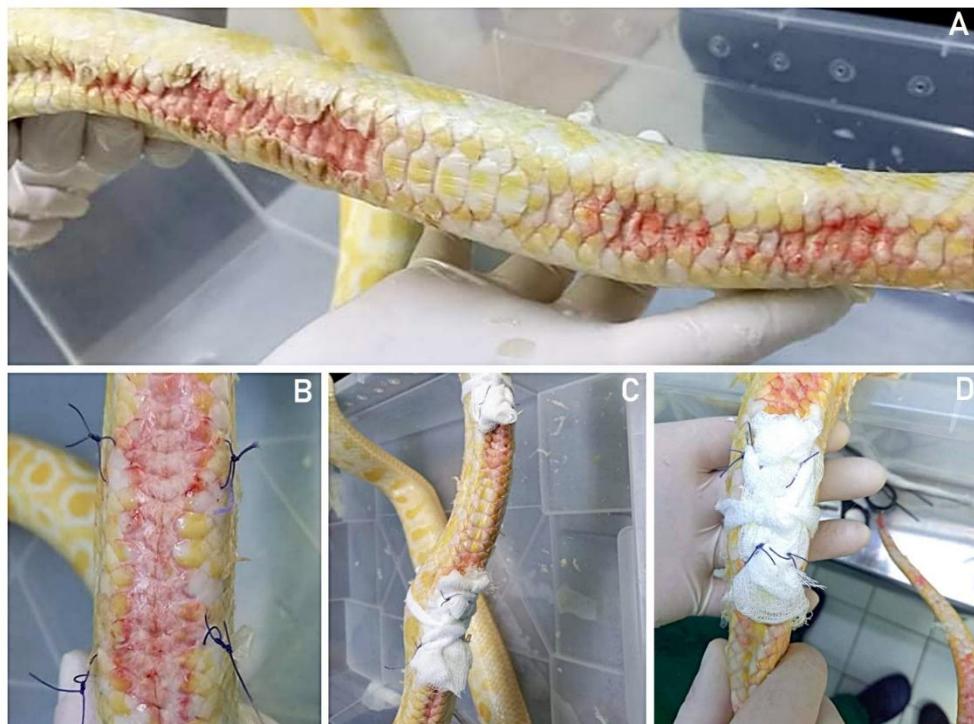


Figure 2: Debridement and tie-over bandages on the snake's ventral site. A: Antiseptic cleaning. B: Several skin-stay sutures are loosely placed around the more damaged areas. C, D: Sterile gauze squares are placed and tied with a bandage through the loops.

After 17 days of therapy, the snake was discharged, with visibly improved skin condition, without additional home treatment. During the therapy, and until full recovery, it was not kept on a substrate, but on clean kitchen paper. The snake was followed up with clinical examinations on the 1st (Fig. 3A-B) and 6th (Fig. 3C-D) month after the burn treatment.

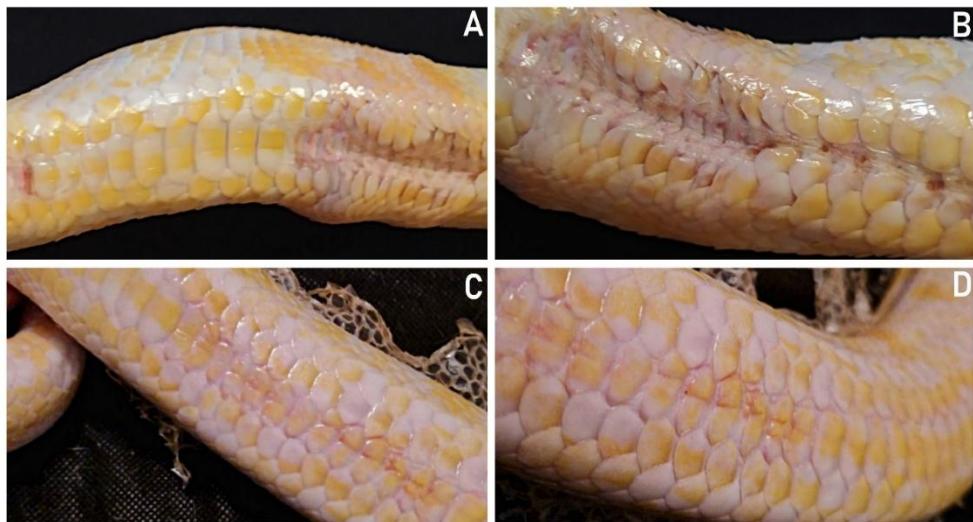


Figure 3: Inspection of the ventral site 1 month (A, B) and 6 months (C, D) after treatment.

Discussion

Burn injuries in reptiles present unique clinical challenges due to their distinct integumentary structure and physiology. Cleaning and flushing the wound to remove dirt and debris and reduce the potential pathogenic load can promote the wound healing process. The European Wound Management Association considers this procedure an essential requirement for initiating the physiological process of tissue repair (White, 2015). Therefore, it is important to perform timely surgical treatment (in some cases after appropriate general or local anesthesia) before proceeding with chemical and drug therapy for burns. Once the wounded area is cleaned and debrided it could be classified as "clean but contaminated" (Vella, 2004). It's necessary to follow up with a mild antiseptic solution: 0,05% chlorhexidine or 0,1% povidone-iodine. At these concentrations, they will not damage the newly regenerating delicate tissues in the affected area (Vella, 2004).

The proteolytic enzymes included in the first ointment applied showed promising results in treating the injury. Several studies (Arabolo *et al.*, 2016; Shah and Mital, 2018; Isabela Avila-Rodríguez *et al.*, 2020) confirm that the use of trypsin and chymotrypsin preparations promotes faster recovery and better resolution of inflammatory signs and symptoms due to tissue injury and that these enzymes demonstrate analgesic effects and reduce pain associated with healing. The sterile tie-over bandages used to cover the burned areas were applied as reported by Mickelson *et al.* (2016) to keep the ointment in place and to protect the skin from secondary opportunistic infections. From our experience, the tie-over bandages proved to be quite effective on the snake's body, as they prevented the bandage from slipping off and limited the additional stress on the patient during daily dressing changes.

Topical treatment was then continued by applying a cream containing silver ions as reported by other authors (Atiyeh *et al.*, 2007; Goodman, 2007). Mitchell and Diaz-Figueroa (2004) recommend a standard protocol of thermal burn management, which also includes silver sulfadiazine to prevent the desiccation of viable tissues. The antibacterial action of silver ions is achieved by bind-

ing to tissue proteins, which structurally alter the bacterial cell membranes. Silver denatures bacterial DNA and RNA, thus inhibiting replication (Munteanu *et al.*, 2016). In vitro studies have shown that silver sulfadiazine induced the retardation of wound closure rate by inhibiting the keratinocyte and fibroblast growth (Lee *et al.*, 2005). The rationale for its use extended beyond promoting wound healing to include reducing wound bioburden, managing local infections, and preventing the systemic spread of pathogens (Leaper, 2012).

The most common burn treatment protocols include also systemic broad-spectrum antimicrobial medications, such as a fluoroquinolone or third-generation cephalosporin (Mitchell and Diaz-Figueroa, 2004). We have chosen enrofloxacin as an antimicrobial agent commonly used in reptile medicine due to its favorable pharmacokinetic profile and therapeutic index (Salvadori *et al.*, 2015). The formation of its active metabolite ciprofloxacin contributes to the antimicrobial efficacy against a broad spectrum of gram-negative and some gram-positive microorganisms (Walker *et al.*, 2000; Agius *et al.*, 2020). In our experience snakes can develop scale and skin lesions after enrofloxacin injections, as reported by other authors (Fitzgerald and Newquist, 2013; Petritz *et al.*, 2013), therefore we recommend diluting the drug with saline after the single injection dosing before intramuscular administration.

Subcutaneous fluids can also be used to rehydrate patients with mild dehydration. Fluid deficits can be replaced over 48 to 96 hours for the chronically dehydrated reptile (Martinez-Jimenez and Hernandez-Divers, 2007), but we continued rehydration for 10 days, as long as the antimicrobials were administered, as indicated by Eatwell (2007) and Mader (2008). Some authors recommend avoiding subcutaneous fluids in snakes, as the subcutaneous space does not readily accept large volumes; however, this is species-specific, and a small amount can be administered to multiple subcutaneous sites if necessary (Gibbons, 2009). In the presented clinical case, the whole volume of fluids was administered according to the last.

Burn injuries trigger an inflammatory state marked by elevated capillary permeability, which causes protein and fluid leakage into surrounding tissues and amplifies resuscitative demands. While the mechanisms driving this increased permeability are intricate, reactive oxygen species play a significant role, and antioxidant therapy has proven effective in mitigating their effects across various conditions (Rizzo *et al.*, 2016). Despite their potential, the role of antioxidants in burn treatment is not yet fully understood. Matsuda *et al.* (1991) investigated vitamin C as a promising antioxidant in burn resuscitation studies, demonstrating its effectiveness in lowering fluid requirements in burned guinea pigs. Based on the above we chose to include vitamin C in the treatment plan.

The use of physiotherapy procedures in wound healing is broadly observed and investigated in mammals (Davidson *et al.*, 1991). UVB light (280–315 nm) is suspected to be a potential modulator of keratinocyte–melanocyte biology (Rennekampff, *et al.*, 2010) postburn and has been directly applied to wounded tissue to stimulate the healing processes (Gupta *et al.*, 2013). The UV light range from 180 to 280 nm has a strong ozonizing effect. Strong bactericidal effects are observed at a wavelength of 265 nm (Takada *et al.*, 2017). We decided to include UV irradiation as a supporting part of the treatment plan, but we could not confirm or decline its healing potential in snakes. More in-depth studies are needed on the effectiveness of irradiation with quartz lamps in treating skin diseases in reptiles.

The prognosis for thermal burns in snakes depends on the condition's severity and an effective therapeutic approach. Appreciation of the natural behavior of reptiles, and the establishment of an appropriate and safe thermal environment are necessary (Pees and Hellebuyck, 2019). As reptile

ownership continues to rise, the veterinary specialists must advance evidence-based treatment protocols to ensure optimal care for these animals. Collaboration between herpetologists, veterinarians, and reptile enthusiasts is essential to improving clinical outcomes and enhancing the overall welfare of captive reptiles.

Conclusion

Second-degree thermal burns in snakes should be treated with a multisystemic approach. This case report highlights the importance of a comprehensive and species-specific approach to managing thermal burns in reptiles. Effective treatment involves early debridement, proper wound antisepsis, and a combination of systemic and topical therapies to mitigate infection, promote healing, and manage inflammation. The successful recovery of this Burmese python underscores the importance of targeted treatment, integrating antiseptic baths, burn dressings, systemic antibiotics, anti-inflammatory medications, and physiotherapeutic interventions such as UV irradiation. Improving the captive conditions and taking precautions regarding future thermal incidents is important.

Beyond treatment, this case emphasizes the critical role of preventive care and proper husbandry in mitigating the risk of thermal burns in captive reptiles. Owners and veterinarians must be educated on safe enclosure heating practices and the importance of routine health monitoring to detect injuries early. Future research should explore the long-term effects of UV therapy on reptilian wound healing and assess alternative antimicrobial strategies to minimize adverse reactions associated with intramuscular injections.

Declaration of conflicting interests

The authors declared no potential conflicts of interest for the current clinical case presentation, authorship, or publication.

Ethical requirements statement

The authors affirm that all procedures performed during diagnosis and treatment complied with relevant animal welfare regulations and ethical guidelines. The pet's owner consented to the use of clinical data and any associated images in this clinical case report.

References

1. Agius, J., B. Kimble, M. Govendir, K. Rose, C. Pollard, D. Phalen. (2020). *Pharmacokinetic profile of enrofloxacin and its metabolite ciprofloxacin in Asian house geckos (Hemidactylus frenatus) after single-dose oral administration of enrofloxacin*. Veterinary and Animal Science, 9, 100116.
2. Arabloo, J., S. Grey, M. Mobinizadeh, A. Olyaeemanesh, P. Hamouzadeh, K. Khamisabadi. (2016). *Safety, effectiveness and economic aspects of maggot debridement therapy for wound healing*. Medical journal of the Islamic Republic of Iran, 30, 319.
3. Atiye, B., M. Costagliola, S. Hayek, S. Dibo. (2007). *Effect of silver on burn wound infection control and healing: review of the literature*. Burns, 33(2), 139–148.
4. Carpenter, J., E. Klaphake, P. Gibbons, K. Sladky. (2019). *Reptile formulary*. In: Mader's Reptile and Amphibian Medicine and Surgery, 3rd ed., Elsevier, WB Saunders, 1191–1211.

5. Davidson, S., S. Brantley, S. Das. (1991). *The effects of ultraviolet radiation on wound healing*. British journal of plastic surgery, 44(3), 210–214.
6. Eatwell, K. (2007). *Antibiotic therapy in reptiles*. Journal of Herpetological Medicine and Surgery, 17(2), 42–49.
7. Ewart, S. (2020). *Thermoregulation*. In: Cunningham's Textbook of Veterinary Physiology, 6th ed.; Bradley, G.K. Ed.; Elsevier: St. Louise, USA, 596–607.
8. Fitzgerald, K. & K. Newquist. (2013). *Poisonings in the captive reptile*. Small Animal Toxicology, 22, 229–49.
9. Gibbons, P. (2009). *Critical care nutrition and fluid therapy in reptiles*. Proceedings of the 15th Annual International Veterinary Emergency & Critical Care Symposium. September 9-13, 2009. Chicago, Illinois, 91–94.
10. Goodman, G. (2007). *Common dermatoses in reptiles*. In: Practice, 29(5), 288–293.
11. Gupta, A., P. Avci, T. Dai, Y. Huang, M. Hamblin. (2013). *Ultraviolet radiation in wound care: sterilization and stimulation*. Advances in wound care, 2(8), 422–437.
12. Isabela Avila-Rodríguez, M., D. Meléndez-Martínez, C. Licona-Cassani, J. Manuel Aguilar-Yáñez, J. Benavides, M. Lorena Sánchez. (2020). *Practical context of enzymatic treatment for wound healing: A secreted protease approach*. Biomedical reports, 13(1), 3–14.
13. Leaper, D. (2012). *Appropriate use of silver dressings in wounds: international consensus document*. International Wound Journal, 9(5), 461–464.
14. Lee, A., H. Leem, J. Lee, K. Park. (2005). *Reversal of silver sulfadiazine-impaired wound healing by epidermal growth factor*. Biomaterials, 26(22), 4670–4676.
15. Mader, D. (2008). *Antibiotic therapy in reptiles*. In: Proceedings Central Veterinary Conference, Kansas City, 2008.
16. Martinez-Jimenez, D. & S. Hernandez-Divers. (2007). *Emergency care of reptiles*. Veterinary Clinics of North America: Exotic Animal Practice, 10(2), 557–585.
17. Matsuda, T., H. Tanaka, S. Williams, M. Hanumadass, H. Abcarian, H. Reyes. (1991). *Reduced fluid volume requirement for resuscitation of third-degree burns with high-dose vitamin C*. The Journal of burn care & rehabilitation, 12(6), 525–532.
18. Mickelson, M., C. Mans, S. Colopy. (2016). *Principles of wound management and wound healing in exotic pets*. Veterinary Clinics: Exotic Animal Practice, 19(1), 33–53.
19. Mitchell, M. & O. Diaz-Figueroa. (2004). *Wound management in reptiles*. Veterinary Clinics: Exotic Animal Practice, 7(1), 123–140.
20. Munteanu, A., I. Florescu, C. Nitescu. (2016). *A modern method of treatment: The role of silver dressings in promoting healing and preventing pathological scarring in patients with burn wounds*. Journal of Medicine and Life, 9(3), 306–315.
21. Music, M. & A. Strunk. (2016). *Reptile critical care and common emergencies*. Veterinary Clinics: Exotic Animal Practice, 19(2), 591–612.
22. Pees, M. & T. Hellebuyck. (2019). *Thermal burns*. In: Mader's reptile and amphibian medicine and surgery, Elsevier Saunders, 1351–1352.
23. Petritz, O., D. Guzman, V. Wiebe, M. Papich. (2013). *Stability of three commonly compounded extemporaneous enrofloxacin suspensions for oral administration to exotic animals*. Journal of the American Veterinary Medical Association, 243(1), 85–90.
24. Rennekampff, H., M. Busche, K. Knobloch, M. Tenenhaus. (2010). *Is UV radiation beneficial in postburn wound healing?* Medical hypotheses, 75(5), 436–438.

25. Rizzo, J., M. Rowan, I. Driscoll, K. Chung, B. Friedman. (2016). *Vitamin C in burn resuscitation*. Critical care clinics, 32(4), 539–546.
26. Salvadori, M., V. De Vito, H. Owen, M. Giorgi. (2015). *Pharmacokinetics of enrofloxacin and its metabolite ciprofloxacin after intracoelomic administration in Tortoises (Testudo hermanni)*. Israel Journal of Veterinary Medicine, 70(1), 45–48.
27. Shah, D. & K. Mital. (2018). *The role of trypsin: chymotrypsin in tissue repair*. Advances in therapy, 35, 31–42.
28. Takada, A., K. Matsushita, S. Horioka, Y. Furuichi, Y. Sumi. (2017). *Bactericidal effects of 310 nm ultraviolet light-emitting diode irradiation on oral bacteria*. BMC Oral Health, 17, 1–10.
29. Vella, D. (2004). *Wound Care in Reptiles*. Abstracts for NWCC 2004, 2nd National Wildlife Rehabilitation Conference, June 2004 in Penrith, England.
30. Walker, R., A. Lawson, E. Lindsay, L. Ward, P. Wright, F. Bolton, D. Wareing, J. Corkish, R. Davies, E. Threlfall. (2000). *Decreased susceptibility to ciprofloxacin in outbreak-associated multiresistant Salmonella*. The Veterinary Record, 147, 395–396.
31. White, R. (2015). *The costs of wound debridement and exudate management*. British Journal of Healthcare Management, 21(4), 172–175.
32. White, S., P. Bourdeau, V. Bruet, P. Kass, L. Tell, M. Hawkins. (2011). *Reptiles with dermatological lesions: a retrospective study of 301 cases at two university veterinary teaching hospitals (1992–2008)*. Veterinary Dermatology, 22(2), 150–161.